

Monday

Summer Yoga: <https://www.youtube.com/watch?v=QIfCALKceOs&t=2s>

Tuesday

Dance- Kids Bop - Cheerleader

:https://www.youtube.com/results?sp=mAEB&search_query=kidz+bop+cheerleader+

Wednesday

Movement Break: <https://www.youtube.com/watch?v=n-cgxmSFET8&t=7s>