

ST. HELEN'S JUNIOR NATIONAL SCHOOL, PORTMARNOCK CO. DUBLIN

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ROLL No: 19578p

Dear Parents/ Guardians,

As part of our Social and Personal Health curriculum (SPHE), we will be delivering the Relationships and Sexuality Education programme to Senior Infants this term. The programme is divided into 9 themes:

Theme 1 – 'Look What I Can Do'

To help children discover their personal strengths and to support their affirmation of them.

Theme 2 – 'These are My Friends'

To help children develop an appreciation of the value of friendship in their lives.

Theme 3 – 'This is My Family'

To help children learn about the roles of different members of families and to understand how these roles may vary.

Theme 4 – 'I Can Be Safe'

To help children learn how to keep safe in a variety of familiar situations and to recognise people who teach them safety strategies.

Theme 5 – 'Other People Have Feelings Too'

To help children identify and name feelings which can be experienced and to understand that other people have feelings too.

Theme 6 – 'Caring for New Life'

To help children become aware of human life, in relation to the care of a newborn baby.

Theme 7 – 'My Body'

To help children learn about their bodies and in this context to learn correct names for body parts. (head, eye, ears, nose, breast, skin, hips, navel, vulva, penis, bottom, knee, leg, foot)

Theme 8 – 'I Grow and Change'

To help children become aware that growth involves change and that rates of growth are unique for each individual.

Theme 9 – 'Making Decisions'

To help children become aware of factors which influence choices.

During theme 7 the children will learn about their bodies in a child friendly, age appropriate manner and in this context to learn the correct names for all parts of the body. Children are usually given "baby" words for their private parts, or they may have learned "slang" terms, but it is recommended that they are given the correct names, as naturally as possible without undue emphasis or fuss.

In accordance with our school SPHE Policy and our RSE guidelines, the parts the children cannot see will be taught which include tummy, blood, bones, heart and so forth, as well as the external parts of the male and female body, i.e. penis, breasts etc. We will inform you when we are approaching the lessons in theme 7.

Yours sincerely,

The Senior Infant Teachers

PRINCIPAL: LORNA LAVIN

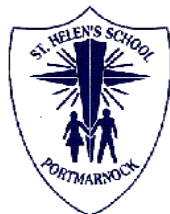
DEPUTY PRINCIPAL: ANDREA SMITH

SCOIL NAOMH LÉAN (SÓISEARACH), PORTMEARNÓG, CO. ÁTHA CLIATH.

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